

Bloomingtondale Recreation Fall News

61 Main Street Mondays 6-8pm & Thursday 10:30am-12:30pm

**Pay online for programs at
www.bloomingtondale.net

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Pilates "PLUS" Class: This popular class combines traditional Pilates, Yoga, strengthening exercises, stretching and cardio for a COMPLETE workout!! **Class will run for 10 weeks, Start date September 27th. Tuesdays 7:30 pm.** Fee is \$50. Bring water, towel & 3-5 pound weights!



Rolling Rascals: Children 1-3 and their caregivers come enjoy the tumbling excitement of gymnastics for 10 weeks with Miss Jocelyn!! Class days and times to pick from are **Wednesday or Friday 9:30am or 10:30am. Radical 3 year olds class time Wednesday 11:30am.** Fall session starts **Wednesday September 14th or September 16th**; Residents Fee \$50 & Non-residents \$55.

Song & Dance: Pre-school Aged children will learn the basics of ballet, jazz & tap to fun filled songs for 8 weeks with Miss Rose Marie!! Fall session starts **Thursday September 15th 9:30am-10:15 am**; Residents Fee \$45 & Non-residents \$50.



Tap & Jazz: Children ages 5&6 and ages 8-10 will learn the basics of Tap & Jazz to fun filled songs with Miss Rosemarie for 8 weeks!! Fall session starts **Wednesday September 14th 5&6 year old class 4-4:45pm and 8-10 year old class 5-5:45pm**; Resident Fee is \$45 & Non-resident Fee \$50.



Pint Sized Picassos: Children 1-5 & their caregivers join up and create works of art for 10 weeks with Miss Cyndy!! **Mondays 9:30-10:15am; fall session Starts September 12th –November 21st (**No class on October 10th**).** Residents Fee \$50 & Non-residents Fee \$55

Youth Gymnastics: Children will learn gymnastics in a fun and safe environment with Miss Jocelyn at **WTB Gym**. Spring session is 10 classes and classes are held either on Mondays or Thursdays. **Fall session starts September 12th (Schedule provided by Miss Jocelyn). Flippin 4&5s 5:45-6:30pm, Twisting 6&7s 6:30-7:15pm, and Advanced 8&9 aerials 7:15-8:15pm**; Resident fee \$50 & Non-resident \$55.

Save the Date: Upcoming Public Events

Pride Day: Saturday September 24th 12-5pm De Lazier Field

** Online registration and payments will be turned off on or about the 27th of each month (last 3 business days of the month) and turned back on the 1st business day of the following month**

Thank you for your patience