

BLOOMINGDALE TENNIS CAMPS & CLASSES

In association with Bloomingdale Recreation Department



Turn over
for the 2015
spring & summer
schedule

Register at USsportsInstitute.com

- Spring & Summer Registration Open
- Schedules Listed Online
- Fall Schedule Released May 1, 2015

TENNIS SQUIRTS



FIRST PLAY



CARDIO TENNIS



FUN & LEARNING



USTA AFFILIATED



PROFESSIONAL STAFF



Camp & Class Details:

- Ages 3 to Adult.
- All Abilities. Boys & Girls.
- Evening Classes & Camps.



USsportsInstitute.com



(866) 345-BALL

Register early and save 10% - Use Code PEB15C\$*

*Offer valid until 3/2/15



US SPORTS
institute™

BLOOMINGDALE CAMPS & CLASSES 2015

SPRING

WEEKLY SPRING CLASSES

(attend one class every week for 8 weeks)

TENNIS SQUIRTS: Racket skills, hand-eye coordination, hitting and more!

FIRST PLAY TENNIS: Rallying, serving, volleying and match play.

CARDIO TENNIS: Burn calories in a fun and social atmosphere.

Ages: 3-5 yrs / 5-8 yrs / 8-10 yrs / 10-14 yrs / Adult
Dates: April 16 to June 4
Day: Thursday
Time(s): Various Times Available (Evening)
Location: Walter T. Bergen School Tennis Courts
Price: \$145

WEATHER INFORMATION

Weather

We try not to cancel programs, but sometimes Mother Nature just gets in our way! In this case, please do not call! Instead, visit our website where we post the most up to date information regarding rain outs, snow or heat advisory cancellations. Just log onto www.USsportsInstitute.com, click the **Parents Menu** at the top, click **Weather Alerts** and look for your town and class.

A full town schedule & specific program details can be found online at www.USsportsInstitute.com

USTA approved!

Did you know that all USSI tennis professionals work closely with developmental guidelines approved by the US Tennis Association?

This way we can guarantee that players are learning in an environment suited to both age and ability.

Which class is right for my child's ability?

Tennis Squirts:
Beginner Level

First Play:
Beginner Level

Development Play:
Intermediate Level

See our website for further details.

Don't Miss Out!

Most program prices increase three weeks before the start date.

Register before the price jump & save up to 20%

Want to pay less?

Then you should become a Community Parent!

You, your friends and your family can all receive program discounts when you're a Community Parent.

See our website for details.

SUMMER

SUMMER CAMPS

(attend everyday for a full week)

FIRST PLAY

Ages: 5-8 yrs / 8-11 yrs
Dates: August 31 - September 3
Time(s): 4:30 PM to 6:00 PM / 6:00 PM to 7:30 PM
Evening Camps
Location: Walter T. Bergen School Tennis Courts
Price: \$109

What to Bring

Clothing: Please dress your child appropriately for the weather. Protection from the sun (hat/ sunscreen) is especially important.

Footwear: Appropriate footwear must be worn for all classes. Cleats for soccer (except for Squirts), sneakers for squirts, tennis basketball, etc. Shin guards should be worn for soccer and hockey (except on Squirts programs)

Equipment: All equipment is provided with the exception of Tennis, where children must bring their own racquets.

Food: If your child is on a half day camp, please provide a snack. If your child is on a full day camp, please provide snacks and a bagged lunch.

Drink: Please provide plenty of fluid for your child to last the duration of the programs. We recommend at least 1 gallon (4 liters) for the whole day.

Follow, Friend or Favorite

Follow, friend or favorite us to hear all about our programs, receive special offers and discounts, and enter competitions to win great prizes.



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